

Application Form



First Name

Surname

D.o.B.

Address

P/Code

Phone Daytime
Evening
Mobile

E-mail
@

School attended

Grade

- or -

Occupation

Previous experience:

Please list any previous experience in Taekwondo or other martial arts.

Medical Conditions:

Are there any medical or other conditions that may limit your ability to participate in any of the activities.

Contacts:

9639 1118

0425 361 941

www.hongstk.com.au

Acceptance:

I accept the terms of admission to Hong's Taekwondo Australia.

Yes No

Signature of client (or Parent/Guardian if client is under 18 years of age)

Date



Taekwondo Australia Etiquette & Training Rules:

Etiquette is the foundation of the personality, which is shown by the person's nature and actions. Etiquette comes from a good, clean mind, displaying the quality of humbleness, without losing your pride. To achieve this, a person must forget about any mean manner. Speech and manner should be noble and gentle.

1. Students entering the Dojang must remove shoes, hats, and sunglasses. Shoes, gear, clothes and other personal items must be properly stored in the changing area. Taekwondo training shoes may be worn.
2. Students must remove all watches and jewellery (with the exception of flat wedding bands) before training. Avoid bringing valuables to class.
3. There will be no smoking, gum chewing, eating or drinking in the Dojang at any time, other than water when indicated as appropriate by the Master Instructor.
4. Upon meeting a Black Belt, all students must execute a bow of courtesy. The Black Belt will then acknowledge you with a return bow.
5. When speaking to an Instructor, students must use "Sir", "Madam" or "Mr./Mrs", preceding the last name. The Master Instructor can be addressed by Master preceding his name.
6. When training, students are not allowed to lean against the walls, sit on chairs, or sit in an improper way.
7. Students must observe a high degree of personal hygiene. To avoid injury to yourself or others, toe and finger nails must be kept clean and trim.
8. Students must keep their uniforms clean and neat with the badges attached correctly and belt tied properly.
9. Arrive ten minutes before class commences to stretch or practice quietly.
10. No Free Sparring is permitted without an Instructor's permission and supervision. All students must comply with the club's protective gear policy and all safety rules. All students must provide their own mouth guard and bottled water.
11. Techniques must never be used outside of the class for any reason except in self defence involving your safety and the safety of others.



Acceptance:

I accept these Rules. Yes No

Signature of client
(or Parent/Guardian
if client is under
18 years of age)

Date